

Foundation Course 2022-23 MBBS

Sr. No	Subject/content	Hours (NMC)	Hours (Actual)	Coordinator
1	Orientation	30	40	Faculty Member
2	Skills Module	35	32	Faculty Member
3	Field visit to community health centre	8	8	Faculty Member
4	Professional Development including ethics	40	32	Faculty Member
5	Sports and Extracurricular activities (ECA)	22	20	Faculty Member
6	Enhancement of language/ computer skills	40	34	Faculty Member
Total Hours		175	166	

These sessions must be as interactive as possible.

- * The Foundation Course will have compulsory 75% attendance. This will be certified by the Dean of the college.
- * The time committed for the Foundation Course may not be used for any other curricular activity.
- * Topics covered (sources): MCI-CISP Document, few topics were selected based on institutional need.
- * **Evaluation (Process & Product):** Program effectiveness questionnaire from faculty and students & reflections from the students
- * Total days – 25; 39 Hours per week; timing from 9-5 (Mon-Fri) and 9-1 (Sat).

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1 st Week (Orientation week)						
Time	15/11/2022	16/11/2022	17/11/2022	18/11/2022	19/11/2022	21/11/2022
09:00 - 10:00	Introduction to The Foundation course	Welcome speech by Dean Ice breaking (All 4 HODs)	Anti-ragging guidelines and introduction to anti-ragging committee of our institute	Introduction to Medical ethics	Immunisation requirements of health care professionals	History of Medicine
10:00 - 11:00	GMER 2019 & IMG Roles		Overview of MBBS curriculum	Alternate Health care system	Language skills- 1	Self-directed learning E-learning
11:00 - 1:00	Introduction to 1 st year Departments Anatomy: 11:00 to 11:30 Physiology: 11:30 to 12:00 Biochemistry: 12:00 to 12:30 PSM: 12:30 to 13:00	Auditorium function (White coat ceremony)	Visit to Hospital	Role of doctors in the society	Sports	What does it mean to be a patient
				Academic ambience and Types of learning		
01:00 - 02:00	LUNCH BREAK					
02:00 - 03:00	Introduction to Library/Academic Departments	Sports	Health care delivery system in India	National Health Programs		Bio-safety/BMW disposal / Hand washing
03:00 - 04:00	Hostel allotments	Group Dynamics	ECA	Basics of Computers		Sports
04:00 - 05:00						

Government Medical College , Baramati

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2 nd Week					
Time	22/11/2022	23/11/2022	24/11/2022	25/11/2022	28/11/2022
09:00 - 10:00	Inter-personal relationship	Documentation and medical records	Field visit to PHC/ CHC	Communication with patients and families	Stress management
10:00 - 11:00					
11:00 - 12:00	Gender sensitivity (LGBTQ)	Language	Cultural competence	Language	Cadaveric Oath
12:00 - 01:00					
01:00 - 02:00	LUNCH BREAK				
02.00 - 03.00	Computer Skills	Disability module	ECA	Computer Skills	Sports
03.00 - 04.00			ECA		Sports
04.00 - 05.00					

Government Medical College , Baramati

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3 rd Week					
Time	29/11/2022	30/11/2022	01/12/2022	02/12/2022	03/12/2022
09:00 - 10:00	BLS/ First Aid	BLS/ First Aid	Communication skills	Concept of professionalism Consequences of unethical & unprofessional behaviour	Learning from patients and other members of health care team
10:00 - 11:00				Team work in medical profession	Learning Through Movies
11:00 - 12:00					
12:00 - 01:00					
01:00 - 02:00	LUNCH BREAK				
02:00 - 03:00	Computer Skills	Computer Skills	ECA	Computer Skills	
03:00 - 04:00			ECA		
04:00 - 05:00					

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4 th Week						
Time	05/12/2022	06/12/2022	07/12/2022	08/12/2022	09/12/2022	12/12/2022
09:00 - 10:00	Value of integrity, honesty and respect in medical Profession Professionalism and Ethics	Yoga	Pandemic Module	Writing reflections	MUHS MBBS Exam rules	Introduction to family adoption Program
10:00 - 11:00	Introduction to IEC of our institute	Consumer protection act		Time management	Experience sharing by seniors How do they learn?	
11:00 - 12:00	Obtaining patient consent			Maintaining confidentiality	Doctor patient relationship	
12:00 - 01:00						
01:00 - 02:00	LUNCH BREAK					
02:00 - 03:00	Computer Skills	Computer Skills	ECA	Computer Skills	Organ donation awareness	Sports
03:00 - 04:00			ECA		Sports	
04:00 - 05:00						

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 Page 5 of 6

Government Medical College , Baramati

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5 th Week			
Time	13/12/2022	14/12/2022	15/12/2022
09:00 - 10:00	Tree plantation (Green Go)	Yoga and Physical fitness Self defense	Feedback of foundation course And reflective writing
10:00 - 11:00		Role modeling	
11:00 - 12:00	Swachhta Abhiyan	Maintaining a diary and portfolio management	
12:00 - 01:00			
01:00 - 02:00	LUNCH BREAK		
02.00 - 03.00	Computer Skills	Video reflection	
03.00 - 04.00			
04.00 - 05.00			

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